



LEWISBORO RECREATION

2009-2010 JUNIOR GIRLS GRADES 3 & 4

BASKETBALL LEAGUE

TEAM #	COACH	TELEPHONE #	COLOR
1	Rhea Mallet	232-3231	Purple
2	Kristi Begonja	533-6172	Red
3	Ed Henry	232-0472	Kelly Green
4	Pat O'Neil	232-6850	Light Blue
5	Rachel Seiler	763-0024	Pink
6	Jay Holbrook	919-434-8215	Hunter Green

PICTURE DAY IS SATURDAY, JANUARY 9TH!!!

More information will become available through your child's coach.

RECREATION OFFICE: 232-6162

PROGRAM INFORMATION: 232-6166

For inclement weather, call our program hotline at 232-6166.

A taped recording will be available after 8:00 A.M.
for program cancellation information.

PLEASE NOTE: All games will be held at Meadow Pond (MP) and
Increase Miller (IM) school gyms.



****SEE REVERSE SIDE****



The Recreation Department reserves the right to make changes to the schedule as needed.



DATE	TIME	GYM	TEAMS
Saturday, January 9 th	10:30 AM	MP	1 vs. 2
	11:30 AM	MP	4 vs. 5
	11:30 AM	IM	3 vs. 6
Saturday, January 16 th	9:30 AM	IM	3 vs. 4
	10:30 AM	IM	6 vs. 1
	11:30 AM	IM	2 vs. 5
Saturday, January 23 rd	10:30 AM	MP	2 vs. 3
	10:30 AM	IM	4 vs. 6
	11:30 AM	MP	1 vs. 5
Saturday, January 30 th	9:30 AM	IM	3 vs. 5
	10:30 AM	IM	1 vs. 4
	11:30 AM	IM	2 vs. 6
No games Feb 13 or Feb 20 due to February Break			
Saturday, February 6 th	10:30 AM	IM	5 vs. 6
	11:30 AM	MP	1 vs. 3
	12:30 PM	MP	2 vs. 4
Saturday, February 27 th	9:30 AM	IM	1 vs. 2
	10:30 AM	IM	4 vs. 5
	11:30 AM	IM	3 vs. 6
Saturday, March 6 th	10:30 AM	MP	3 vs. 4
	10:30 AM	IM	1 vs. 6
	12:30 PM	MP	2 vs. 5
Saturday, March 13 th	10:30 AM	MP	4 vs. 6
	11:30 PM	IM	2 vs. 3
	12:30 PM	IM	1 vs. 5
Saturday, March 20 th	10:30 AM	MP	3 vs. 5
	11:30 PM	MP	2 vs. 6
	12:30 PM	IM	1 vs. 4



Junior Division

We follow NCAA rules except for the following local rules

1. Standings **will not** be kept in this division. There are no playoffs in this division. Participation awards will be presented to all players in the Junior Division.
2. All games will be played at either Meadow Pond or Increase Miller Elementary School's Gym.
3. Ten (10) foot rims and backboards will be used for all games.
4. Cancellation information will be available by telephoning 232-6166 after 8:00 AM on Saturdays.
5. When schools are closed due to inclement weather, no practices or games will be held. Contact the Recreation Department's program hotline number at 232-6166 or listen to radio stations WHUD 100.7 FM or WZZN 106.3 FM for more information.
6. Practices: All teams are scheduled for one – one hour practice session per week. Teams are not to extend practice past the hour practice time period or schedule additional practices at alternate sites.
7. Players are required to play at least 2 quarters per games – (with is four –5 minute blocks and at least two blocks in each half), for a minimum of 20 minutes per game.
8. **Ten Point Rule-** Score will not be kept when a team reaches a ten-point lead. Score will resume when the score differential is ten points or less.
9. Players who sustain an injury where bleeding occurs must be removed from the game immediately. Once the players injury is taken care of and the bleeding stopped/controlled, the player may re-enter the game. If any blood is on the players shirt, the shirt must be removed and exchanged for another shirt. It does not have to be the same color or have a number on it.
10. Game time is 40 minutes running time except the last minute of the game. The clock will stop at the 5 minute mark of each quarter for substitutions. Play will stop after an official stoppage of play. Each quarter is ten minutes.
11. Time outs- 2 per game at 1 minute each.
12. Time breaks – 1 minute between quarters and 3 minutes for half time. There is to be **NO** shooting at the baskets by players, coaches, officials, scorekeepers, or spectators during timeouts or breaks between quarters except half time.
13. Defenses- Zone or Person to Person defense can be used.
14. Fouls – Junior Division – All fouls are two shot fouls. Players do not foul out.
15. Pressing – No trap pressing is allowed. Players may be picked up at half court.
16. Lane Violations – Junior Division – 5 seconds
17. Free Throw – Junior Division – Short line, okay to go over the line.
18. Overtimes – Junior Division – **NONE**
19. Teams will have 10 seconds to get the ball over the half court line.
20. Games in the Junior Girls Division, will be played four on four. **When circumstances dictate**, will be played with a minimum of three players against three players.
21. Remember that **NO JEWELRY** will be permitted in games (earrings, necklaces, bracelets, etc.)
22. ****If any team has 6 or more players, no ONE player can play the whole game**

Enjoy!