## Town of Lewisboro



### Winter 2024



PROGRAM REGISTRATION BEGINS THURSDAY, DECEMBER 14TH

### FOR YOUR INFORMATION

### TOWN OF LEWISBORO • DEPARTMENT OF PARKS AND RECREATION 99 ELMWOOD ROAD • SOUTH SALEM, NY 10590

### TOWN BOARD MEMBERS

Tony Goncalves, *Town Supervisor*Andrea Rendo
Mary Shah
Richard Sklarin
Daniel Welsh

### Town Board Meetings:

Please check the website for Town Board meetings and updates: <a href="www.lewisborogov.com">www.lewisborogov.com</a>

### **ELECTED OFFICIALS**

Deirdre Casper, *Tax Receiver*Janet Donohue, *Town Clerk*John Winter, *Highway Superintendent*John Pappalardo, *Town Justice*Susan Simon, *Town Justice* 

### PARKS AND RECREATION ADVISORY COUNCIL

Ian Harris, Chairperson
Nicholas Baran
Valerie Cancro
Jenn Castelhano
Peter Cipriano
Richard Ellrodt
Daniela Goldman
Meg Kaplan
Melissa LeSauvage
Timi Parsons

Meets the last Thursday of each month at 7:30PM at the Lewisboro Parks and Recreation Office, 99 Elmwood Road, South Salem, NY.

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### **RECREATION STAFF**

Nicole Caviola, Recreation Supervisor
Laura A. Stone, Senior Office Assistant
Pam Veith, Senior Adult Director/Senior Outreach
Katie Coluccini, Recreation Leader
Michael Portnoy, Recreation Leader
Doreen Svendsen, Senior Adult Bus Driver

### PARKS STAFF

Drew Faryniarz, *Parks Groundskeeper* Michael Gallagher, *Parks Groundskeeper* 

### **OFFICE**

Office hours: 9:00AM – 5:00PM, Monday – Friday
Holiday Closures: December 25th – Christmas Day

January 1st – New Year's Day

January 15th - Martin Luther King Jr. Day February 19th - President's Day

### TELEPHONE NUMBERS

Office: (914) 232-6162 Senior Adults (914) 977-8008 Fax (914) 232-6165 TTY (800) 662-1220

WEBSITE – www.lewisbororecreation.com

EMAIL - parks@lewisborogov.com

FACEBOOK - Lewisboro Parks and Recreation Department

### **PROGRAM UPDATES**

We are proud to announce program updates are available on our website at www.lewisbororecreation.com, Facebook and Instagram.

We have created a new email blast that will provide weekly updates on events and programs taking place in Lewisboro. Please keep your eyes and inbox open to our "Lewisboro Happenings." To add your email, please register on our website www.lewisbororecreation.com.

### TOWN EMAIL ALERTS

Stay in the know! Sign up for the Town's email alerts and you will be advised weekly of agendas, important Lewisboro events and much, much more! To sign up, visit our website at <a href="https://www.lewisborogov.com">www.lewisborogov.com</a> and go to



"subscribe now" located in the bottom right hand corner of our home page or call the Town Clerk's office at 763-3511 for assistance.

### FOR YOUR INFORMATION

### REGISTRATION INFORMATION

Winter program registration starts on Thursday, December 14th.

### REGISTRATION

Registration for all programs, unless otherwise specified, is by mail, in person on an official registration form and online via WebTrac. We cannot accept registrations by phone, email or fax. Incomplete registrations are subject to being returned to sender. We cannot be responsible for lost or misdirected mail. Any walk in registrations will be processed with the day's mail if received prior to the mail arrival. If received after the day's mail has arrived, it will be processed with the following day's mail.

**PLEASE NOTE:** The Department does not confirm registrations by mail. You will only be contacted if there is a problem or the program is cancelled.

### **REGISTRATION POLICY**

Non-residents may sign up for programs one week before the start date when space is available.

### **CREDIT CARDS**

We now accept credit cards. If you have ever registered for a Parks and Recreation program or permit, an account has been set up for you. We will be glad to assist you if help is needed. If you are new to our system, please go to www.lewisbororecreation. com and click on create an account. A 3% service fee will appear as a separate charge from Card Connect on your bank or credit card either with online registration or registration in the office.

### REFUNDS/CREDITS

The Town of Lewisboro has a no refund policy. However, a refund/credit will be considered only under the following conditions:

- A full refund/credit will be given if the program is cancelled by the Parks & Recreation Department prior to the program's start.
- If a participant moves from Town, a full or pro-rated refund will be made based on the number of sessions the participant attended. Proof of re-location must be presented.
- 3. If a participant becomes ill or injured, a full or pro-rated refund will be made based on the number of sessions the participant attended. A doctor's medical note must accompany the request.

In addition to the above, a \$25.00 processing fee for all refunds/credits that are approved will be assessed, except for programs cancelled by the Parks & Recreation Department. All refund requests must be made in writing to the Superintendent of Parks & Recreation for consideration. Approved refunds will be paid by Town voucher.

### RETURNED CHECKS

If a check is returned to the Parks & Recreation Department for any reason, a cash or money order payment of \$20.00 will be required in order to re-deposit your check and offset the expenses incurred by the Town.

### AMERICANS WITH DISABILITIES ACT

The Lewisboro Parks and Recreation Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy programs and activities to the fullest extent possible. When registering, please let us know if you or a family member has any special needs that we can accommodate (such as wheelchair access, hearing aids, braille printed matter, etc.).

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### LATE PICK UPS

Subject to all Town of Lewisboro sponsored programs: All participants are expected to be picked up at the assigned program end time. Any and all tardy pickups from programs will result in additional charges to cover the Town's unbudgeted expenses. The town will charge \$20.00 per every 15 minutes per participant of supervision past program end time with the first 15 minutes as a grace period unless the grace period is abused consistently.

### PRESERVE / PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks and preserves they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the Town properties. Dogs are **NOT** permitted in any of the playground areas or the pool facility at any time. For safety and sanitary reasons it is requested that dogs not be ran/walked on any of the athletic fields located in the parks.

### A FRIENDLY REMINDER

Our Department is asking for assistance and cooperation in helping keep our park facilities and preserves clean for the benefit of all of our patrons and their guests. Please use the trash and/ or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our parks clean. Thank you.

### **COOPERATING AGENCIES**

### BASEBALL

The Lewisboro Baseball Association provides In-Town and Travel baseball league play for boys and girls ages 6-16. Registration for the spring season will open in January. Opening day festivities are tentatively scheduled for April 13th. For further information, please go to the website at <a href="https://www.playlewisborobaseball.com">www.playlewisborobaseball.com</a> or contact the LBA at <a href="https://example.com">lewisborobaseball@gmail.com</a>.

### 40+ MEN'S BASEBALL "LEWISBORO THUNDER"

Lewisboro Baseball is adding a Men's Baseball team to the "Westchester-Putnam Men's Senior Baseball League" for the 2024 season. The league is open to all Lewisboro residents who are over 40+ and looking to play nine innings in an established league. As the only established summer men's baseball league in Westchester, with 10 established teams throughout Westchester County, we are adding our very own team, "Lewisboro Thunder".

The regular summer season runs from May through September, culminating in September with an all-inclusive playoff format. The 18-game season and subsequent playoff games are played on Sunday mornings at 9:00 a.m. at Fox Valley with some away games. For more information please contact: <a href="LewisboroBaseball@gmail.com">LewisboroBaseball@gmail.com</a>.

### JOHN JAY FUTBOL CLUB

The John Jay Futbol Club runs fun filled year-round soccer development programs. We offer a Fall & Spring Academy Program for children in Pre-School (Lil' Jays) 2 years old to 8th grade. We also offer an exciting travel program with professional trainers, which competes in the WYSL and is available to all children from U8 to HS. For the adults, we host a 30+ League. You can also enjoy our Camps and Clinics throughout the year. For more info and to register, find us at jjfcregistrar@gmail.com.

### NORTH EAST WESTCHESTER SPECIAL RECREATION

North East Westchester Special Recreation, an agency supported and sponsored by the Town of Lewisboro is available to children and adults with developmental disabilities from our community. North East programs offer a variety of year-round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information, call their office at 347-4409 or visit their website at <a href="https://www.northeastspecialrec.org">www.northeastspecialrec.org</a>.

### LEWISBORO HORSEMEN'S ASSOCIATION

Founded in 1990, the LHA continues to assist in developing and maintaining over 25 miles of riding trails that run throughout Lewisboro across private, public and land trust properties and adjoin the North Salem Bridle Trails Association to the north and run south through the Lewisboro Town Park to Ward Pound Ridge Reservation and the Bedford Riding Lanes Association's trails.

The Lewisboro Horsemen's Association can be found on Facebook or on the web at <a href="https://www.lhatrails.org">www.lhatrails.org</a>.

Contact persons: Carleton Henrich (917)977-3350

Callie Kuntz-Bauer (914)438-3523 Liza Fraser-Travalino (914)763-5402

### **LACROSSE - SPRING**

John Jay Youth Lacrosse offers programs for boys and girls in grades K-8. Practices begin in mid-March (weather and fields permitting) and the season concludes in early June. Registration for our Spring 2024 season will begin on December 1st, 2023! Winter programing is offered for all new and existing players and can be found by visiting our website at <a href="mailto:JIYL.org">JIYL.org</a>. For more information on our programs email JJYL at <a href="mailto:info@ijvl.org">info@ijvl.org</a>.

### LEWISBORO GARDEN CLUB

The Lewisboro Garden Club has been an integral part of our community for 51 years, beautifying public grounds and conserving the natural flora. The garden club is a hands-on, work-the-ground, community service club. The women and men of our garden club represent the full range of gardeners, from the very experienced to those new to gardening. The garden club hosts many guest speakers and workshops throughout the year. All are welcome.

We welcome new members. Please check our website, <u>www.lewisborogardenclub.org</u> to join the club and for updates on our events and lectures. We also post our announcements in the library and community weekly eblasts. For more information contact <u>lewisborogardenclub@outlook.com</u>.

### LEWISBORO LAND TRUST OUTDOOR PROGRAMS

The Lewisboro Land Trust has helped preserve over 1,000 acres in Lewisboro since its founding in 1994 and is committed to environmental stewardship, responsibility for nature, education of adults and children through experience, exposure and instruction. We are "linking people with the land" by maintaining the town's preserves and offering the community many ways to use and enjoy them. Please visit us at <a href="www.lewisborolandtrust.org">www.lewisborolandtrust.org</a> for more information.

**Monthly Programs:** Preschool Hikes, Toddler Hikes, Guided Hikes for Health in Ward Pound Ridge Reservation, and Guided Nature Meditation Walks.

**Outdoor Programs:** Please see our website for a full list of events and descriptions. LLT is out on the trails every week with new opportunities and new adventures. We hope you will join us as often as possible!

Friday, December 1st, 1:30-3:00PM - Preschool Caroling Hike at Mountain Lakes Park.

**Saturday, December 16th, 1:30PM** - Holiday Hike & Caroling at Shelter 10 in Ward Pound Ridge Reservation .

**Monday, December 18th, 11:00AM – 12:00PM** - Holiday Nature Meditation at Old Field Preserve.

Monday, December 25th, 11:00AM - 12:30PM - Gift of Nature Christmas Hike at Leon Levy Preserve.

### **COOPERATING AGENCIES**

Monday, January 1st, 11:00AM - First Day Hike at Mount Holly Preserve.

**Saturday, Feb 10th, 4:30PM – 6:00PM** - Light Up the Night for Lunar New Year - Dragon at Onatru Farm Park.

**Saturday, February 24th** - Annual Late Winter Hike & Fireside Singalong at Mountain Lakes Park (rain date March 2nd)

Sunday, March 17th, 10:00AM – 12:00PM - St. Patrick's Day Parade Hike at Leon Levy Preserve.

**Friday, March 22nd, 9:30AM - 10:30AM -** March MUDness Toddler Hike AND 1:30PM - 3:00PM March MUDness Preschool Hike at Ward Pound Ridge Reservation.

Monday, April 22nd - Earth Day Celebration (details TBA).

Many more programs to be announced! For more information, registration links, and to sign up for our emails, please visit us at: <a href="www.lewisborolandtrust.org/events">www.lewisborolandtrust.org/events</a> You can also find us on Facebook and Instagram.

### OPEN SPACE AND PRESERVES ADVISORY COMMITTEE

The Committee advises the Parks and Recreation Department, and upon request, the Town Board on issues relating to open space and preserves. The purpose of the Open Space and Preserves Advisory Committee is to make recommendations to the Town Board regarding opportunities to utilize and preserve open space. The Committee may also research inter-municipal efforts to preserve open space and recommend participation by the Town where deemed appropriate. The Committee members and Lewisboro Trail volunteers are solely responsible to maintain and create new trails in all Town Preserves. The Committee coordinates the implementation of any and all approved preserve management plans and promotes the maintenance, improvement and creation of trails within the preserves. Finally, the Committee has created and updated the mapping system for all Town owned preserves – compatible with the Avenza mapping app for phones.

### LEWISBORO LIBRARY

The Library located at 15 Main Street in South Salem offers weekly story programs for children, monthly book groups for adults and teens, as well as special activities for children, teens, and adults. For more information, please call 914-875-9004, sign up for the email newsletter at <a href="lewisborolibrary@gmail.com">lewisborolibrary@gmail.com</a> or visit the Library Facebook page or website <a href="www.lewisborolibrary.org">www.lewisborolibrary.org</a>.

### JOHN JAY COMMUNITY TRAIL

The JJTRAIL Race date is Sunday, April 14th starting at 9:00AM – 5k run, 4k walk, 200 meter kids Jay Dash.

Registration is open now at <a href="https://runsignup.com/JJTrail">https://runsignup.com/JJTrail</a>. It's a fundraiser for the John Jay Boosters Club and the trail building including signage and benches.

### 2024 NEW YEAR'S STORMWATER RESOLUTIONS - FROM THE LEWISBORO STORMWATER COMMITTEE

Please do your part to prevent contaminants from entering our lakes, streams, wetlands, and drinking water via stormwater runoff by making the following resolutions. Phosphorus is the single most important contaminant in our water and if the other nutrients necessary for growth are available, and they usually are, one pond of phosphorus will result in 500 pounds of plant growth. A little goes a long way! Please read the following possible resolutions and commit to doing as many as you can.

- I will check to see when my septic system was last pumped and if it hasn't been done in the last 2 or 3 years (5 years is the legal maximum), I will have it pumped.
- I will use water efficiently so I won't overload my septic system, which can shorten its life.
- I will not use fertilizer containing phosphorous since it is against the law.
- I will use a mulching mower that mulches grass cuttings and leaves while mowing or compost leaves and other yard waste.
- I will cover bare soil with grass seed and mulch to prevent erosion of earth and its associated phosphorus.
- I will pick up after my pets and dispose of their waste in the trash
- If I live near a lake, stream or wetland, I will plant a native buffer or rain garden to slow the flow of rainwater or storm water. This will allow more water to soak into the ground rather than flow over it carrying pollutants directly into the body of water.
- I will plant native plants which need less water and fertilizer to thrive.
- I will leave the leaves where they fall in wooded areas where they will decompose naturally.
- I will check my car for oil and antifreeze leaks and have any leaks fixed.
- I will leave the leaves where they fall in wooded areas where they will decompose naturally.
- I will check my car for oil and antifreeze leaks and have any leaks fixed.

### PUMP OUT YOUR SEPTIC SYSTEM! IT IS THE LAW!

To protect the quality of the area's drinking water, Westchester County and Lewisboro instituted a septic system inspection requirement in 2011. Septic systems are a source of phosphorus which accelerates plant and algae growth and can kill Lewisboro's lakes and watercourses, destroying much of the scenery that makes our Town such a wonderful place in which to live. This law requires that each septic system be pumped at least once every 5 years. Failure to do so may result in significant fines.

This means that if you haven't had your septic system pumped since 2018, it's time to do so NOW. Many septic systems require pumping more often than every 5 years, depending on usage or condition. Have your septic pumped out this season by an authorized Westchester County septic hauler.

Keep your copy of the septic system inspection report as proof if records get lost. Bureaucracies are not perfect and the report is the only proof that you obeyed the law!

### **COMMUNITY & SPECIAL EVENTS**

### CHRISTMAS TREE LIGHTING

Join us for a fun filled evening. There will be singing, music, refreshments, lights and special guests.

Dress warm and please bring a canned or non-perishable food item which will be donated to the local community center to help our neighbors during the holiday season.

**FOR:** Town and School District Families

WHERE: Lewisboro Town Park
WHEN: Monday, December 4th
TIME: 6:30PM – 7:30PM

### HANUKKAH CELEBRATION

Join us in celebrating the first night of Hanukkah. There will be refreshments and the lighting of the first candle.

**FOR:** Town and School District Families

WHERE: Lewisboro Library
WHEN: Thursday, December 7th

**TIME:** 4:45PM

### ICE SKATING

Ice skating is available at the Lewisboro Town Park Pond when ice conditions are deemed safe. A green flag will be flown on the flagpole inside the pool area when skating is allowed. A red flag indicates unsafe skating conditions. In addition, signs are posted at the entrance to Town Park indicating whether there is skating or not. The Town Park Pond offers lights, donated by the Lewisboro Lions Club, for nighttime skating. As with all other programs and activities sponsored by the Town, individuals who do not have their own accident coverage participate at their own risk.

### FIREWORKS SPECTACULAR

Mark your calendar! The Town Board is pleased to announce that the Town of Lewisboro will again be hosting the Annual Fireworks Spectacular! The spectacular will take place on Saturday, June 29th at Onatru Farm Park. Details will be available in the 2024 Spring/Summer Brochure.

If you, your family and/or your business are interested in donating or sponsoring the Fireworks Spectacular please feel free to contact Nicole Caviola at the Recreation Department at (914)232-6162 or NCaviola@lewisborogov.com.

### ATTIC TREASURES

- Maureen Koehl, Historian

Town Historian, Maureen Koehl, is offering a glimpse into Lewisboro's Attic Treasures...items from the historian's storeroom that have been donated to the town over the years from farm equipment to Poor family memorabilia to a selection of 19th century quilts will be on display daily on the first floor of the Onatru farmhouse.

The public of all ages is encouraged to stop by and take a look at how things used to be.

WHEN: Saturday, February 24th through Sunday,

March 3rd

WHERE: Onatru Farm House

**TIME:** Weekends 11:00am-3:00pm

Weekdays 9:00am-4:00pm

### NEW NEIGHBOR NETWORK - ADULTS ONLY

New residents to the Town of Lewisboro are invited to meet new people, neighbors and learn about the wonderful Town you just moved into. Bring your spouse/partner or any other adult living in your new home. Wine, cheese and light fare will be provided. We will be joined by several Town Officials as well as fellow newcomers. Definitely something not to miss out on!

**FOR:** New Town of Lewisboro Residents over

the age of 21

WHEN: Sunday, February 25th WHERE: Onatru Farm House TIME: 4:00PM - 6:00PM

**NOTE:** Admission is free but registration is required

visit www.lewisbororecreation.com

### TODDLER / PRE-SCHOOL ACTIVITIES

### **PROGRAM NOTES:**

- The child must be the appropriate age by the start of the program.
- 2. Due to the nature of these programs, siblings can not attend.

### FIDDLEHEADS COOKING

- Fiddleheads, Instructor

The class always begins with washing our hands and gathering around the table. After putting on their aprons, the kids are introduced to the ingredients and the name of the dish they will make. Each ingredient is explored, and children are encouraged to touch, smell and taste each of them. Taking turns, the participants of the class measure, mix and engage with our dish. As the dish is getting ready, we will often read books or work on a quick art or gardening craft. At the end of each class the children will sit together again to enjoy the food that they have prepared. They will be encouraged to discuss what they like or don't like about the dish and share their thoughts.

FOR: Boys & Girls, 3-5 year olds
WHERE: Cyrus Russell Community House

WHEN: Wednesdays, 8 weeks, Jan. 10th – Feb. 28th

**TIME:** 3:30PM – 4:30PM

FEE: \$400.00 ACTIVITY #: 110301-B1

**NOTE:** Parent or guardian does need to be

present. If you child has any allergies, please note it on the registration form.

### TODDLER / PRE-SCHOOL ACTIVITIES

### NATURE BUDDIES

- Lewisboro Land Trust and Deanna Novak, Instructor

Toddlers and their caregivers will explore the natural world through nature walks, stories, songs, art, and engineering projects. Deanna Novak is a nature-based early education specialist who will offer seasonally relevant themes each week. Children attending should be able to walk independently (or get a piggyback ride from their caregiver) as the nature trails are not stroller friendly. Babies under 10 months are welcome to tag along in carriers. This is an outdoor, all-weather program. However, we will have access to the farmhouse for use of bathroom facilities.

**FOR:** Boys and Girls, ages 16-36 months, with a

caregiver

**WHERE:** Onatru Farm Park & Preserve

WHEN: Thursdays, 8 weeks, Jan. 18th – March 7th

(makeup date: March 14th)

**TIME:** 9:30AM – 11:00AM

**FEE:** \$160.00 first child and \$80.00 sibling (max

2 children per caregiver)

**ACTIVITY #: 112201-A1** 

### LITTLE SCIENTISTS II

- Mad Science, Instructors

Come on a journey as we explore the world around us through hands-on science! Become a paleontologist, learn about volcanoes, and feel the force of magnets! Some of the topics in this session include: Digging for Dinosaurs, Animal Friends, Magnetic Attraction, Weather Wonders, Water Works, Mad Mixtures and Lights On.

FOR: Boys and Girls, ages 3-5 years old WHERE: Cyrus Russell Community House WHEN: Thursdays, Jan. 11th – Feb. 29th

**TIME:** 3:30PM - 4:15PM

FEE: \$300.00 ACTIVITY #: 110205-A1

**NOTE:** This a drop-off program. Parent/

guardian is not expected to be

present.

### YOUTH ACTIVITIES

### FIDDLEHEADS COOKING

- Fiddleheads, Instructor

Every class is an exploration of ingredients and a joint effort to produce a seasonal dish. After the children wash their hands, they gather around the table for a quick discussion of where our ingredients come from. Working independently or in a group, the kids learn how to use different kitchen tools safely and take turns measuring and mixing. While the dish is getting ready, we will often have a quick discussion about how food grows, who grows it, and how it got to our kitchen. At the end of each class we enjoy eating our dish together and share our feelings and thoughts about the flavor and texture.

**FOR:** Boys and Girls, grades K-5 WHERE: Cyrus Russell Community House

WHEN: Wednesdays, 8 weeks, Jan. 10th – Feb. 28th

**TIME:** 4:30PM - 5:30PM

FEE: \$400.00 ACTIVITY #: 110302-B2

### VALENTINE'S DAY COOKING EVENT

- Nicole Caviola, Instructor

Bring home a delicious baked goodie that you will make to share with your valentine.

FOR: Boys and girls, grade K-4

WHERE: Cyrus Russell Community House

**WHEN:** Saturday, Feb. 10th **TIME:** 1:00PM - 2:30PM

FEE: \$30.00 ACTIVITY #: 110901-F1

### BUGS, BIRDS, BEASTS AND BEYOND

- Mad Science, Instructor

Explore the natural world and its adaptations. Observe creepy crawly bugs, make casts of animal tracks & study the feeding habits of owls as we dissect their lunch's remains. Some of the weekly topics in this session are: Bugs, Earthworks, Walloping Weather, Mission Nutrition, All about Animals, Life in the Sea, The Birds & the Beasts, Earth Awareness, Nature and The Science of Sport!

FOR: Boys and girls, grade K-2
WHERE: Cyrus Russell Community House
WHEN: Thursdays, Jan. 11th – Feb. 29th

**TIME:** 4:30PM - 5:30PM

FEE: \$340.00 ACTIVITY #: 111205-B1

### YOUTH ACTIVITIES

### CRAYOLA® ARTIST'S PASSPORT

### - Mad Science, Instructor

Embark on an around-the-world cultural adventure – explore far-off places and learn about the people who live there, from the Americas to Polynesia, from the cosmopolitan to the countryside. Experiment with Crayola® products, while trying art techniques developed by local artists and artisans. Make different masterpieces each week such as drums, masks, canvases, prints, buses, and more! Bring the unique creations home and build a globally inspired art gallery.

FOR: Boys and girls, grades 1-5
WHERE: Cyrus Russell Community House
WHEN: Fridays, Jan. 12th – March 8th

(no class 2/16)

**TIME:** 4:30PM - 5:30PM

FEE: \$350.00 ACTIVITY #: 111205-C1

### WINTER VOLLEYBALL

### - Skyhawks, Instructor

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This program is designed for the beginning to intermediate player and includes a focus on critical life skills such as leadership and teamwork.

**FOR:** Boys and Girls, Grades 4-8 **WHERE:** Lewisboro Recreation Gym

**WHEN:** Tuesdays, 6 sessions, Jan. 9th – Feb. 13th

**MAKEUP:** February 27th **TIME:** 5:30PM - 6:30PM

FEE: \$144.00 ACTIVITY #: 111701-A1

### THE GRIT NINJA

During each action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment (which includes a rock wall traverse, monkey bars, grip gauntlet, cliffhanger, balance courses, warped walls, and so much more)! Classes are led by The Grit Ninja's professional coaches – many of whom have competed on NBC's American Ninja Warrior. Our coaches will guide ninjas as they tackle our fun obstacles that build strength, coordination, agility, balance, problem-solving skills, self-confidence and, most importantly, GRIT!

**FOR:** Girls and Boys, grades K-5

WHERE: Lewisboro Elementary School Gym

**FEE:** \$220.00

**WHEN:** Tuesdays, 6 weeks, Jan. 9th – Feb. 13th

**TIME:** 4:00PM - 4:50PM

**ACTIVITY #: 111401-A1** 

### TAYLOR SWIFT DANCE PARTY

- Katie Coluccini, Swiftie-visor

Are you ready for it? We would be enchanted if you would come shake it off in your favorite Era's style at a Taylor Swift dance party! Long story short, it's going to be an awesome night. We know all too well how dreary winter can be, so liven it up with friendship bracelets, a photo booth, and a DJ playing Taylor Swift's best hits. We will have bejeweled accessories to glam up your outfit (although we're sure you'll already look gorgeous!). It's going to be the best day (night) ever complete with Swiftie-themed refreshments (dinner will not be served).

**FOR:** Grades 2-5

**WHERE:** Lewisboro Elementary School Gym

**WHEN:** Saturday, Jan. 20th **TIME:** 7:00PM – 9:00PM

FEE: \$65.00 ACTIVITY #: 118001-A1

**NOTE:** Pre-registration is required.

### BABYSITTING SKILLS COURSE

- Nicole Caviola, Instructor

Students will become fully prepared to babysit. Instruction includes responsibilities of the sitter, handling emergencies, simple first aid, feeding, diapering, bedtime and playing. All youngsters will receive a certificate of completion. This program is also suitable for children who may not be quite ready to babysit, but want to be left alone. Please bring a pencil, baby sized doll and snack/dinner/beverages to class.

FOR: Boys and girls, ages 11-14

**WHERE:** Onatru Farm House **TIME:** 5:00PM – 9:00PM

**FEE:** \$150.00

**NOTE:** You must be present for every session in

order to become certified.

CLASS 1

**WHEN:** Wednesday, Feb. 7th and Thursday, Feb. 8th

**ACTIVITY #: 110801-E1** 

CLASS 2

WHEN: Tuesday, March 12th and Wednesday,

March 13th

**ACTIVITY #: 110801-E2** 

### YOUTH ACTIVITIES

### YOUTH WRESTLING

### - John Swertfager and Bill Swertfager, Instructors

This exciting program is starting its 24th year under Coach Swertfager. This year's expanded program including matches against other teams will focus on basic wrestling moves and holds while emphasizing safety and fun. No prior wrestling experience is required.

**FOR:** Boys and girls in Grades K-6

WHERE: John Jay Middle School Wrestling Room WHEN: Mondays, Wednesdays and Saturdays

Dec. 4th – Feb. 14th

(no clinic 12/25, 12/27, 1/1 and 1/15)

**NOTE:** Gym clothes (wrestling shoes, head gear

and knee pads are optional). Tee shirt is

included.

CLASS 1

**TIME:** Gr. K-2 – M/W 6:00PM - 7:00PM

S 9:00AM - 10:00AM

**ACTIVITY #: 411601-A1 FEE:** \$275.00

CLASS 2

**TIME:** Gr. 3-6 - M/W 6:00PM - 7:30PM

S 9:00AM - 10:30AM

**ACTIVITY#: 411601-A2 FEE:** \$300.00

### RISING STARS BASKETBALL

- Thomas Tobin, Instructor

This is an instructional program for boys and girls interested in a non-competitive sports environment where fundamentals and skills of basketball such as dribbling, shooting and passing are explored in an inclusive, controlled setting. It is also a great opportunity for siblings to play together.

**FOR:** Boys and girls, Grades K-12

WHERE: JJMS Old Gym

WHEN: Saturdays, 8 weeks, Jan. 6th – March 2nd

(no class 2/17)

**MAKEUP:** March 9th

**TIME:** 3:00PM – 4:00PM

FEE: \$80.00 ACTIVITY #: 111003-A1

### BINGO BASH

### - Katie Coluccini, Supervisor

Join your friends for a fun-filled evening of bingo, prizes and delicious food. We will play bingo in a variety of ways: full board, speed bingo, trivia bingo and more. Grades 2&3 will be served pizza along with their snacks and grades 4&5 will make ice cream sundaes with all the tasty toppings you can think of. Our goal for the night is to have fun, win some cool prizes and make memories.

FOR: Boys and Girls, grades 2-5
WHERE: John Jay High School Cafeteria
TIME: Gr. 2&3 6:00PM – 7:30PM

Gr. 4&5 8:00PM - 9:30PM

**FEE:** \$25.00/Bash

BASH 1

WHEN: Friday, Jan. 12th ACTIVITY #: 111201-E1 Gr. 2&3

111201-E2 Gr. 4&5

BASH 2

WHEN: Friday, Feb. 23rd ACTIVITY #: 111202-E1 Gr. 2&3

111202-E2 Gr. 4&5

BASH 3

WHEN: Friday, March 22nd ACTIVITY #: 111203-E1 Gr. 2&3

111203-E2 Gr. 4&5

### **MULTI SPORTS & GAGA DAY**

Come spend the day with us! Our programs offer children the opportunity to be active and engaged in activities. Cooperative games, sports, field activities and games are taught and played throughout the program.

**FOR:** Boys and Girls grades K-5

**WHERE:** Lewisboro Elementary School Gym

CLASS 1

**WHEN:** Friday, Dec. 29th, 9:00AM - 3:30PM

ACTIVITY #: Full Day Combo- 111501-A1

Yard Games (only) - 111501-A2 GaGa Ball (only) - 111501-A3

**FEE:** \$110.00 – full day (must bring lunch)

\$60.00 - half day (either Yard Games or

GaGa Ball)

**CLASS 2** 

WHEN: Monday, Jan.. 15th

ACTIVITY #: Full Day Combo- 111502-A1

Yard Games (only) - 111502-A2 GaGa Ball (only) - 111502-A3

**CLASS 3** 

**WHEN:** Friday, Feb. 16th, 9:00AM - 2:00PM

ACTIVITY #: Full Day Combo- 111502-A1

**FEE:** \$90.00

### 1. YARD GAMES - 9:00AM - 12:00PM

Let's have a field day! Games offered include Capture-the-Flag, Dodgeball, Relay Races, Tug-of-War, and more! Yard games are the perfect way to get everyone involved, to enjoy games with friends and the opportunity to be outside.

### 2. GAGA BALL - 12:30PM - 3:30PM

GaGa Ball provides a fun game for children to enjoy, grow and develop. The game offers an opportunity to exercise, as players must avoid being hit by the ball through incorporating agility, dodging, jumping, and striking. The game effectively levels the playing field for participants because no one is guaranteed to win every time. Strategy, luck, finesse, and even teamwork are essential components to GaGa Ball.

### YOUTH/UPCOMING YOUTH TRIPS

### SATURDAY NIGHTS OUT!

### - A1 Athletics

This program will feature fun games and activities that all participants will enjoy, including Capture-The-Flag, Dodgeball, Kickball, Knockout, Boxball, Relay Races, GaGa Ball, and more! Every game there is a new opportunity for participants to be active and engaged. Great opportunity for parents to drop their kids for a good time and have a good time for themselves too! Pizza and drinks will be served for dinner.

**FOR:** Boys and Girls, grades K-5

WHERE: Lewisboro Elementary School Gym

WHEN: Saturdays, Feb. 10th, 24th, and March 2nd

TIME: 6:00PM - 9:00PM FEE: \$65.00 per night ACTIVITY#: 111301-A1 Feb. 10th

111301-B1 Feb. 24th 111301-C1 March 2nd

### AQUATOPIA WATERPARK & ARCADIA AT CAMELBACK MOUNTAIN RESORT

- Michael Portnoy, Supervisor

Come enjoy your day off from school for a fun filled day at USA's #1 indoor waterpark. With wild slides, fun rides, cozy cabanas and more, it's everything you want from Camelback Mountain Resort. Not only will we be slippin' and slidin' we will be visiting Arcadia, the mega arcade! This two-level Poconos arcade has it all including video games, rides and prizes — lots and lots of prizes. Rack up high scores to redeem your tickets for a new toy. Then, do it again.

FOR: Boys and Girls, grades 4-8
WHERE: Camelback Mountain Resort in

Tannersville, PA

WHEN: Thursday, Dec. 28th

TIME: Town Park Depart/Return - 8:30AM - 8:00PM

FEE: \$160.00 ACTIVITY #: 115001-B1

**NOTE:** Meals and arcade cards are provided.

Lunch is at McDonalds and pizza dinner will be served at the arcade. We recommend to send a few bucks for

a snack or pack one.

### TRIP TO XTREME PLAY

- Michael Portnoy, Supervisor

Venture out during winter break to CT's #1indoor Amusement Park. XTREME PLAY is an adrenaline park providing amazing fun and safe experiences for kids and adults of all ages. Everyone will get to enjoy the arcade, high ropes course, Laser Tag, Spin Zone, Warrior Course, and the Dark Ride Experience.

FOR: Boys and Girls, grades K-5 WHERE: XTREME Play, Danbury, CT

TRIP 1

WHEN: Wednesday, Dec. 27th

**TIME:** Town Park Depart/Return: 9:00AM - 3:00PM

FEE: \$90.00 ACTIVITY #: 115001-C1

**NOTE:** Lunch is included! Send extra money for

additional arcade credits.

TRIP 2

WHEN: Friday, March 8th

**TIME:** Town Park Depart/Return: 5:15PM - 9:00PM

FEE: \$65.00 ACTIVITY #: 115001-C2

### SNOWTUBING AND ARCADIA AT CAMELBACK MOUNTAIN RESORT

- Michael Portnoy, Supervisor

Come enjoy your day off from school for a fun filled day at Camelback! Snowtubing isn't just the easiest way to go down the mountain — sometimes it's the most fun. Not only will we be snowtubing but we will be visiting Arcadia, the mega arcade! This two-level Poconos arcade has it all including video games, rides and prizes — lots and lots of prizes. Rack up high scores to redeem your tickets for a new toy. Then, do it again.

**FOR:** Boys and Girls, grades 3-8 **WHERE:** Camelback Mountain Resort in

Tannersville, PA

WHEN: Tuesday, Feb. 20th (school recess)

**TIME:** Town Park Depart/Return - 8:30AM - 8:00PM

FEE: \$140.00 ACTIVITY #: 111102-A1

**NOTE:** Meals and arcade cards are provided.

Lunch is at McDonalds and pizza dinner will be served at the arcade. We recommend to send a few bucks for

a snack or pack one.

### **ADULT ACTIVITIES**

### YOGA

### - Tricia Keane, Instructor

Yoga has been revered for thousands of years for its many positive effects on the mind and body. A yoga practice benefits every system in the body, resulting in greater strength and flexibility. Yoga is also an excellent antidote to stress and anxiety. You will truly learn to relax. Class consists of poses designed to stretch your body and release tension, followed by a period or relaxation. This class is appropriate for beginner through intermediate levels.

You should discuss any medical conditions with your doctor before beginning this or any other exercise program.

FOR: Adults, 18 years of age and older
WHERE: Onatru Farm House – Yoga Studio
WHEN: Thursdays, 8 weeks, Jan. 11th – Feb. 29th

**FEE:** \$170.00

NOTE: Participants must supply a yoga mat and

be able to transition from the floor to a

standing position.

CLASS 1

**TIME:** 9:45AM – 11:00AM

**ACTIVITY #: 120101-A1** 

CLASS 2

**TIME:** 11:15AM – 12:30PM

**ACTIVITY #: 120101-A2** 

### **GENTLE EVENING YOGA**

- JoAnn Hickey, Certified Kripalu Yoga Instructor

Come explore your own body with as much or as little intensity as you like. This class will focus on functional mobility, how to be comfortable in your own skin, how to age gracefully while moving gracefully with confidence and flexibility. We will practice moving with the breath, feeling our bodies speak to us. All levels are welcome with an emphasis on safe yoga for those over 50. The class is 1 hour with the last 10 minutes devoted to meditation.

FOR: Adults, 18 years of age and older WHERE: Lewisboro Recreation Gym

**TIME:** 6:00PM - 7:00PM

**CLASS 1** 

WHEN: Wednesdays, 8 weeks, Jan. 10th – Feb. 28th

MAKEUP: March 6th FEE: \$130.00 ACTIVITY#: 120305-D1

CLASS 2

**WHEN:** Wednesdays, 6 weeks,

March 13th - April 17th

FEE: \$98.00 ACTIVITY #: 120305-D2



### **ESSENTRICS**

- June Bird, Instructor

Essentrics is designed to work and rebalance the full body, engage all the joints and muscles. It is a low impact activity and non-aerobic. It will rapidly change and tone your body through a dynamic combination of stretching and strengthening. It will improve your posture, increase your range of motion, improve your balance, aid in pain relief and promote healing.

**FOR:** Adults, 18 years of age and older **WHERE:** Lewisboro Recreation Gym

WHEN: Wednedays, 8 weeks, Jan. 11th – March 1st

**TIME:** 9:30AM - 10:30AM

FEE: \$130.00 ACTIVITY #: 120306-B1

### TAP CLASS

- Anne-Marie Gerard Galler, Instructor

Maybe you have always wanted to learn to tap dance? Or it's been years but you would love to shuffle off to Buffalo again? Now is your chance! Join Broadway Vet Anne-Marie Galler for a multi-level Adult Tap Class, appropriate for those dusting off the old shoes to those putting them on for the first time! We'll start with the basics and go from there! Please wear comfortable clothing you can move in (leggings, sweats, etc.), bring water and a pair of tap shoes!

**FOR:** Adults, 18 years and older

WHERE: JJHS Cafeteria

WHEN: Mondays, 8 weeks, Jan. 8th – March 11th

(no class 1/15 and 2/19)

**TIME:** 5:30PM – 6:30PM

FEE: \$180.00 ACTIVITY #: 120501-A1

### TAI CHI CHUAN

- Ron Statler, Instructor

Improve your life now! An ancient Chinese exercise, Tai Chi Chuan is renowned for its therapeutic benefits. For centuries, it has been used for health, relaxation, vitality, increasing longevity and calming the mind. It is characterized by soft, continuous movements, and is practiced by people of all ages. Come discover the artistic method to achieving a relaxed, yet strong, mind and body.

**FOR:** Adults, 18 years of age and older **WHERE:** Cyrus Russell Community House

WHEN: Mondays, 8 weeks, Jan. 8th – March 11th

(no class 1/15 and 2/19)

**TIME:** 12:00PM - 1:00PM

FEE: \$160.00
ACTIVITY #: 120701-C1
NOTE: Location change

### **ADULT ACTIVITIES**

### BASKETBALL FOR MEN

This is an opportunity to have fun and gain physical fitness. The program will focus on pick-up games, with teams formed, on a weekly basis, on-site. The pick-up games are not part of regularly scheduled season of competition or a championship series. Instead, it is a more-or-less spontaneous game, with teams often made up on the spot. There are no repercussions beyond the final score in terms of standings or future commitment. Participants must wear sneakers and bring their own water bottles.

FOR: Adults, 18 years and older WHERE: John Jay High School Gym WHEN: Mondays and Thursdays,

 $Nov,\,28th-Feb.\,\,29th$ 

**TIME:** 8:30PM - 10:00PM

**FEE:** \$10.00/night at the door - Residents

\$15.00/night at the door - Non-Residents

ACTIVITY #: 420302-A1 – unlimited play

**\$175.00 – Residents or \$225.00 – Non Residents** 

NOTE: If schools are closed, no basketball.

BRING: Sneakers, water, and a basketball.

### MORNING FIT ZONE FOR WOMEN

- Kristen Riolo, Instructor and NASM Personal Trainer

A program for women of any age to find her strength for daily living. Focused on a mix of cardio and strength interval training to maximize a woman's time or lack thereof. The classes include functional exercises to strengthen the entire body.

**FOR:** Adults, 18 years and older **WHERE:** Lewisboro Elementary School

WHEN: Tuesdays (zoom), Thursdays and Saturdays

Dec. 2nd - March 30th

**TIME:** Tuesdays and Thursdays - 6:00AM –

7:00AM & Saturdays - 7:00AM - 8:00AM

**FEE:** \$150.00/month unlimited

\$160.00/month for 8 classes

**SIGN-UP:** Email – <u>kristen@coachallfitness.com</u>

### **RACQUET SPORTS**

### **PICKLEBALL**

The Town of Lewisboro will be offering our residents an indoor location for pickleball play. There will be three indoor courts at the Lewisboro Recreation Gym, 79 Bouton Road, South Salem, NY. It will be first come – first served. Permits are required for indoor play.

The pickleball season will run from November 14th to March 31st, 2024 weather permitting and no holidays.

**Indoor hours** 

Adults: Mondays and Fridays: 10:00AM - 1:00PM

Tuesdays: 7:00PM – 9:00PM Wednesdays: 11:00AM – 1:00PM

### Wednesdays: 11:00AM – 1:00F **Family:** Sundays: 9:30AM – 11:30AM

### RACQUET SPORTS

### **Photo Permits**

A photo ID system has been implemented for indoor pickleball permits. To register and get your photo permit for pickleball you will need to register via mail, on our website and/or visit our office during office hours. You will need to get a photo ID taken at our office before using the facility.

Fees: Resident/School District Individuals - \$125.00

Resident/School District Senior Adults(65+) - \$80.00

Non-Resident Individual - \$150.00

Guests of permit holders (cash/check) - \$ 10.00

### **PICKLEBALL**

- Rob Delman, Instructor

**Beginners:** This is for players new to the game or who have played before and want to play at a slower pace. Topics to be covered include scoring, positioning, and how to sustain a rally.

**Intermediate:** This is for the more experienced player who can accurately keep score, knows proper positioning, can dink, serve, volley, and hit forehands consistently.

**FOR:** Adults, 18 years and older **FEE:** \$160.00 – residents

\$190.00 – non-residents Lewisboro Recreation Gym

WHERE: Lewisboro Recreation Gym
NOTE: Participants MUST be pickleball permit

holders.

CLASS 1

**WHEN:** Tuesdays, 8 sessions, Jan. 9th – March 5th

(no class 1/30)

	BEGINNERS	INTERMEDIATE
TIME	9:00AM - 10:00AM	10:00AM - 11:00AM
ACTIVITY	150202-B1	150202-B2

**CLASS 2** 

**WHEN:** Thursdays, 8 sessions, Jan. 11th – March 7th

(no class 2/1)

	BEGINNERS	INTERMEDIATE
TIME	9:00AM - 10:00AM	10:00AM - 11:00AM
ACTIVITY	150202-C1	150202-C2

### **EVENING PLATFORM TENNIS CLINIC**

This clinic is for the advanced beginner/intermediate player with previous experience preferred.

FOR: Adults, 18 years and older
WHERE: Platform Tennis Courts
WHEN: Tuesdays, Jan. 2nd – Jan. 23rd

**TIME:** 7:00PM – 8:00PM

**FEE:** \$150.00 with a platform permit \$200.00 without a platform permit

ACTIVITY #: 150502-A1

### PLATFORM TENNIS PERMIT FEES

Family \$200.00 Individual \$125.00 Senior (65+) \$80.00



### SUMMER 2024 CAMP INFORMATION

### SUMMER JOBS AVAILABLE

Summer will be here before you know it! The Lewisboro Parks and Recreation Department will need staff for the pool and day camps. If you are interested in being a lifeguard, gate attendant, or part of the camp staff, please go to <a href="www.lewisbororecreation.com">www.lewisbororecreation.com</a> and fill out an application. All applicants must be 16 years of age or older before the camp/pool season begins. We are accepting all applications now and will have interview times available for college-aged students over winter break. Apply today!

**NOTE:** We will not be employing CITs this year. Only counselors 16+ will be employed at all camps.

### DAY CAMPS

The Town of Lewisboro Parks and Recreation Department is happy to bring back camps this summer. Camp is tentatively scheduled to start on Monday, July 1st, 2024 and run through Friday, August 9th, 2024 for all camps. There will be no camp on Thursday, July 4th.

The Town of Lewisboro Parks and Recreation Department and our camp staff are dedicated to making your child's summer camp experience a rewarding and enjoyable one! There have been some important changes made to our camp structure. Please read all information carefully under each camp before registration.

### Day Camp Registration - Little Explorers & Main Event

1. Day Camp Registration Information

Our department accepts credit cards (please note there is a 3% service charge for usage). We will conduct registration both online and in person.

Registration for Little Explorers and Main Event camps will start on Monday, March 4th, 2024 with the following schedule (for in-person registration):

Weekdays starting Monday, March 4: 9:00AM - 5:00PM

**Extended Hours:** 

Tuesday, March 5th: 9:00AM - 7:30PM Thursday, March 7th: 9:00AM - 7:30PM Saturday, March 9th: 9:00AM - 12:00PM

Online registration begins at 9:00AM on Monday, March 4th.

- 2. No mail in registrations or walk-in registrations will be accepted before March 4th.
- Please indicate the grade your child is entering in the fall of 2024 on the registration form.
- 4. Persons must complete all of the day camp registration material and return it to our office no later than Friday, April 12th. These materials are in addition to the online registration and includes the camp registration form, behavior policy, media permission form, and trip/insect repellent/ sunscreen permission form. In addition, you must submit a copy of your child's immunizations from your doctor's office including a copy of your child's COVID vaccine if applicable.

PLEASE NOTE: Any camp registration received on or after Monday, April 15th will be charged a \$100.00 late fee.

### LITTLE EXPLORERS CAMP

(Pre-K must be 3 before 7/1/2024, entering Kindergarten, or entering 1st Grade in the Fall of 2024)

This program will provide a full day of activities and fun! Activities such as arts and crafts, music, dance, science, nature, stories, outdoor play and fitness, special events, entertainment and a few local trips will be enjoyed. Our staff is composed of qualified, caring adults and mature, experienced, caring college and high school students who are dedicated to making your child's camp program a safe and fun experience.

**WHEN:** Monday - Friday, July 1st – August 9th

(No camp July 4th)

Parent/Camper Orientation will be on

Friday, June 28th

WHERE: Lewisboro Elementary School

**HOURS:** 8:45AM – 2:45PM

**FEE:** \$1,150 – resident/school district fee

\$1,600 – non-resident fee (registration

accepted after April 1st)

**NOTE:** 1. Swimming will be provided at the Town Park's interactive and main pools.

2. Transportation is provided at no cost for campers 4 yrs and older (as of 7/1) from specific points in Lewisboro. Refer to bus transportation section

below for further details.

3. Children MUST be toilet trained.

**4.** Birth certificate is required at time of registration for Pre-K campers.

Parent/Camper Orientation will be on Friday, June 28th

**ACTIVITY #: 330101-A1 - Pre-K** 

330102-A1 – Kindergarten 330103-A2 – 1st Grade

### **BUS TRANSPORTATION**

Chris DiLillo, Program Coordinator

(Little Explorers, Main Event, Teen Treks Camps)

**South Salem:** Former Lewisboro Elementary School **Goldens Bridge:** Increase Miller Elementary School

**Cross River:** John Jay High School

Vista: Vista Community House, Meadow Pond

Elementary School, Oakridge Shopping

Center

**Katonah:** Katonah Elementary School **Town Park:** Teen Treks only (Poolside)

Although there is no cost for transportation, **YOU MUST REGISTER FOR THIS PROGRAM**, so we know how many riders there are and how many buses to provide. Bus transportation is a privilege and can be revoked at any time due to misconduct during transport.

\*\*\* DEADLINE FOR BUS SIGN UP IS MONDAY, JUNE 3rd \*\*\*

### **SUMMER 2024 CAMP INFORMATION**

### MAIN EVENT CAMP

(entering grades 2-5 in the Fall of 2024)

This program offers various activities and events to capture the interests of all age groups. Nature, music, sports, games, arts & crafts, special events, swimming, and off-site trips are all a part of this well-rounded program. Our staff is composed of qualified, caring adults and mature, experienced, caring college and high school counselors who are dedicated to making your child's camp program a safe and fun experience.

**WHEN:** Monday - Friday, July 1st – August 9th (No

camp July 4th)

WHERE: Lewisboro Town Park

Rain location: John Jay Middle School

**HOURS:** 9:00AM – 3:00PM

**FEE:** \$1,225 – resident/school district fee

\$1,700 – non-resident fee (registration

accepted after April 1st)

**NOTE:** 1. Swim instruction will be provided for

all grades.

 Transportation is provided at no cost from specific points in Lewisboro. Refer to bus information section on page 12 for further details.

3. Parent Orientation will be

on Tuesday, June 11th

NEW:

1. Main Event Camp serves campers

entering grades 2-5 in the Fall of 2024.

**2.** All groups will be co-ed and separated by grade level (2, 3, 4, and 5).

3. While we will try our hardest to accommodate all friend requests, please be aware that we are required to adhere to very specific camper to counselor ratios as per the Westchester County Department of Health. The younger the campers, the smaller the ratio. Because of these parameters, you may make one friend request (either gender) for your camper and this request cannot be guaranteed.

ACTIVITY #: 330104-A1 - 2nd Grade

330105-A1 – 3rd Grade 330106-A1 – 4th Grade 330107-A1 – 5th Grade



### AFTER HOURS PROGRAM

(entering grades K-5 in the Fall of 2024)

This program is an extension of the camp day designed to aid the working parent who needs additional care for their child after the camp day ends. The program will be held at Lewisboro Town Park and is for children already enrolled in the Little Explorers and Main Event camps. Arts and crafts, sports, board games, and movies are some of the activities in which campers can expect to partake. In addition, campers will have the opportunity to enjoy swimming at the Town Park Pool.

**WHEN:** Monday-Friday, July 1st – August 9th

(No camp July 4th)

**WHERE:** Lewisboro Town Park

Rain location: Lewisboro Elementary

School

**HOURS:** 3:00PM – 6:00PM

**FEE:** \$600 – resident/school district fee

\$825 – non-resident fee (registration

accepted after April 1st)

NOTE: 1. Little Explorers Campers (ages 4 and

older) will be transported from their camp to Town Park at the end of their

camp day.

2. Transportation will **NOT** be available at the end of this program. Campers must be picked up at the Town Park (or Lewisboro Elementary School in case

of rain).

**ACTIVITY #: 330108-A1** 

### **SUMMER MINI CAMP**

(entering grades K-5 in the Fall of 2024)

With day camp over in early August, we are offering a full day camp program to add to the summer fun. Campers will be given the opportunity to participate in sports, arts & crafts, and other activities. Swimming lessons will be provided as well as free swim time. Lunch will be provided by the concessionaire at the pool.

**WHEN:** Monday - Friday, August 12th – 16th

Monday - Friday, August 19th - 23rd

WHERE: Lewisboro Town Park

Rain location: Lewisboro Elementary

School

**HOURS:** 9:00AM – 4:00PM

**FEE:** \$450/week – resident/school district fee

\$850/ both weeks - resident/school district

tee

**NOTE:** 1. Please bring a bathing suit, towel,

sunscreen, sneakers, and water every

dav.

**2.** Transportation is not provided.

**ACTIVITY #: 330201 - A1 (8/12 - 8/16)** 

330201 – A2 (8/19 - 8/23) 330201 – A3 (Both weeks)

### **SUMMER 2024 CAMP INFORMATION**

### TEEN TREKS CAMP

(entering grades 6-8, and 9-10 in the Fall of 2024)

Registration for all Town and School-District residents will begin on **Saturday**, **February 3rd**, **2024** from 10:00AM – 12:00PM at our office located at 99 Elmwood Road, South Salem, NY. We are available for in-person registration Monday – Friday from 9:00AM – 5:00PM, including extra hours on Thursday, February 8th from 5:00PM – 7:30PM.

We will continue to offer online registration for Teen Treks, which will be live at 10:00AM on Saturday, February 3rd. In addition to the online registration, you will need to fill out the necessary paperwork for your camper to be able to attend. This paperwork includes the camper registration form, behavior policy, trip permission form, and a copy of your child's immunizations from their doctor. All forms must be returned to our office **no later than Friday, March 1st.** Space is limited and we anticipate that spots will go even faster this year due to the shift in grades. Please remember there is a 3% service fee for all credit card transactions.

There will be two buses for our 5-Day program (Monday - Friday) and two buses for our 3-Day program (Tuesday - Thursday). The 5-Day program will go on trips to local facilities (bowling, ice skating, arcades, etc.) on Mondays and Fridays and will join the 3-Day campers on Tuesdays - Thursdays on the more traditional trips in the tri-state area (amusement parks, tours, baseball games, etc.)

WHEN: Monday - Friday, July 1st – August 9th

(No camp July 4th)

WHERE: John Jay High School (and various

locations throughout the tri-state area)

**HOURS:** 9:00AM – 3:00PM (subject to change

based on each trip)

**NOTE:** Parent Orientation will be on Tuesday,

June 11th

FEE:

Program	Resident Rate	School- District/Non- Resident Rate
Teen Treks 3 Day (6-8)	\$1,900	\$2,200
Teen Treks 5 Day (6-8)	\$2,400	\$2,700
Teen Treks 3 Day (9-10)	\$2,100	\$2,400

**NEW:** 

- **1.** Our Teen Treks program will now serve incoming 6th 8th graders.
- 2. We have a new, separate Teen Treks camp for 9th 10th graders who will experience new trips as well as enjoy all the classic Teen Treks favorites.
- 3. While we will try our hardest to accommodate all friend requests, please be aware that we are required to adhere to very specific camper to counselor ratios as per the Westchester County Department of Health.

  Groups MUST have a 1:12 counselor

to camper ratio. Because of this, we always prioritize friend requests over group demographics. Your camper may be placed with campers older/younger, or of a different gender, but will have their **one** requested friend guaranteed. Please only write one request on your registration form. If you write multiples, only the **first** will be honored.

4. Friend requests may not be changed after registration unless there are serious circumstances that warrant a change. As you can imagine, creating exact groups of 12 campers while juggling friend requests is a time-consuming process. One change after groups have already been made can easily create a domino effect.

ACTIVITY #: 330107-A1 - 3 Day (Grades 6-8) 330107-A2 - 5 Day (Grades 6-8) 330110-A1 - 3 Day (Grades 9&10)



### PROGRAMS FOR 50+

The Lewisboro Senior Adult Programs has much to offer those aged 50 and older.

Our program will continue to offer a weekly meeting, senior adult newsletter and a bus shopping trip one day a week on our handicapped accessible bus.

We invite you to read on and encourage you to participate in our program offerings.

### **OUTREACH PROGRAM**

Our responsibility is to reach out to the growing number of homebound senior adults in Lewisboro. Through this program, access to needed information and referral services are available. If you or someone you know is in need of services such as home delivered meals, heating assistance, Medicare/Medicaid information, to name a few, please contact us.



Transportation to and from medical appointments can be arranged Monday – Friday with the exception of Wednesdays. Hours for this transportation must be within office hours and are subject to availability. To make arrangements for transportation, please call our office.

Medical equipment is available for loan including wheelchairs, walkers, canes, bedrails, shower chairs and crutches.

The "Are You Okay?" telephone reassurance system is available to all our seniors. Daily telephone calls to each participant are made to ensure an individual is safe and well. Confidentiality is always guaranteed.

The "File of Life" is available through the Senior Adult Program and the Outreach Program. It is an informational tool to provide assistance during a medical crisis. Everyone should have one. The large info file attaches to the refrigerator and the small info file belongs in your wallet at all times.



### PROGRAMS FOR 50+

Pamela Veith, Senior Adult Director

### FOR MORE INFORMATION ON DAY TRIPS OR THE SENIOR ADULT PROGRAM, PLEASE CALL 232-6162 OR EMAIL SENIORS@LEWISBOROGOV.COM

# ENIOR LIVING

### **MEETINGS**

Weekly meetings are held on Wednesdays at the South Salem Fire House on Route 35 in South Salem. The South Salem Fire Department has graciously extended an invitation to our Seniors to use their large meeting area for our programs.

Our program offers much variety such as Medicare updates, guest speakers, holiday parties, birthday celebrations, casual gatherings of new and old friends, cards, reminiscing and fun. A book group is held the 3rd Wednesday of every month with Cindy Rubino from the Lewisboro Library. The 4th Wednesday of every month a nurse from Northwell Health/NWH Outreach Program offers blood pressure checks. All are welcome.

The Firehouse is open from 9:30AM to 2:30PM every Wednesday. Please join us!

### **NEWSLETTER**

The Senior Adult Newsletter is emailed, printed and mailed out each month highlighting the month's activities and keeps you up to date on upcoming events and trips. To receive your monthly copy of the newsletter, simply phone the Recreation Office to get your name added to the mailing list.



### **BUS TRANSPORTATION**

Led by our very dedicated bus driver/chaperone, Doreen Svendsen, the Town of Lewisboro offers bus transportation twice a week with door to door pick up service: Tuesdays will be for grocery/retail shopping and Wednesdays will be the senior adult meeting. Please call the office at least one day in advance to make a reservation on the bus or to get a schedule of shopping days.



### UPCOMING TRIPS AND EVENTS

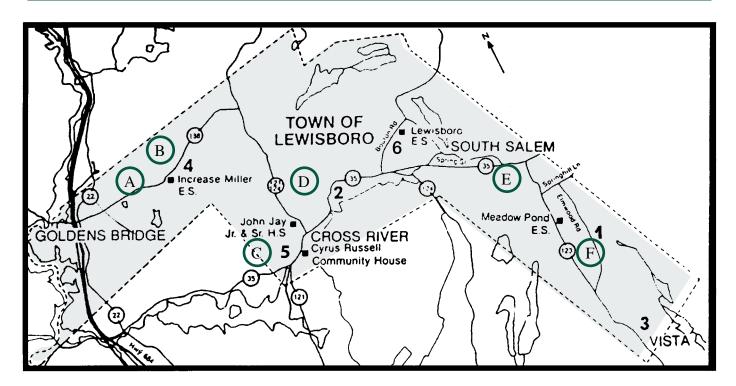
A listing of 2024 events and upcoming trips will be available in the Spring/Summer Brochure. With the winter months upon us, program cancellation announcements will be made by phoning the Recreation Office or on our website at www.lewisbororecreation.com.

### **REGISTRATION FORMS**

ACTIVITY REGISTRATION FORM			(PL	(PLEASE PRINT AND FILL OUT COMPLETELY)				
Adult Name								
	City Zip							
Telephone (Day)	(Evening)							
Emergency Name	(Telephone)							
Elementary School Area (Check one):  **RESIDENT STATUS: □ Town of Lewist**			ease Miller	□ Meado	w Pond □ Kato	onah		
(Check one)								
Participant Name Last First	Sex	Age	D.O.B.	Activity Number	Activity Name	Grade	Fees	
Form of Payment:   CASH CHECK CC NO REFUND POLICY TOTAL FEES:   Make checks or money orders payable to TOWN OF LEWISBORO Allergies/Medical Conditions								
By Mail: Town of Lewisboro Parks & Recreation Dept. 99 Elmwood Road South Salem, NY 10590	GENERAL RELEASE: The undersigned hereby releases the Town of Lewisboro, its Town Board, Parks and Recreation Department, employees and volunteers thereof, of any responsibility should an accident or injury occur to the afore named participant as a result of participation in the aforementioned program sponsored by the Lewisboro Parks and Recreation Department.							
	Parent/Guardian Signature Date							

### TELEPHONE RESOURCE POLICE, FIRE, AMBULANCE EMERGENCY......DIAL 911 FIRE AND RESCUE......DIAL 911 AMBULANCE .......DIAL 911 **HOSPITALS** CHILD ABUSE .......800-342-3720

### **FACILITIES**



### 1. RECREATION OFFICE/ONATRU FARM PARK

Parks & Recreation Department 99 Elmwood Road, South Salem - (914) 232-6162 Four multi-purpose fields for football, soccer, softball, field hockey, lacrosse, playground equipment, four soft surface tennis courts, hiking trails, restroom facilities, composting toilets and picnic pavilion.

\* Restrooms are not available November-April

### 2. TOWN PARK

1079 Old Post Road (Route 35), South Salem Ballfield, swimming pool complex, two basketball courts, two sand volleyball courts, playground equipment, picnic pavillion, pond for fishing, hiking trails and composting toilets.

NOTE: Basketball and volleyball courts have lights for night time use.

### 3. VISTA FIELD

477 Smith Ridge Road (Route 123), South Salem Ballfield and toddler playground equipment.

### 4. FOX VALLEY PARK

4 Indian Hill Road (Route 138 and Indian Hill Road), Goldens Bridge

Four all-weather tennis courts, two multipurpose fields for baseball, football, soccer and softball, fitness trail, hiking trails, restroom facilities, picnic pavilion and playground.

\* Restrooms are not available November-April.

### 5. NEIL VREELAND MEMORIAL PLATFORM TENNIS COURTS

John Jay High School, 60 North Salem Road, Cross River

Three platform tennis courts. Lights for night time use. Permits are required.

### 6. LEWISBORO RECREATION GYM

79 Bouton Road, South Salem.

### **TOWN PRESERVES**

For more information, please go to the town's website at www.lewisborogov.com.

- A. Falcon Ridge
- B. Brownell Preserve
- C. JJHS Cross Country and Community Trail
- D. Old Field Preserve
- E. Leon Levy Preserve
- F. Onatru Farm Preserve